

SEVEN OAK MIDDLE SCHOOL BELL SCHEDULES - 2022-23

REGULAR (M, T, TH, F)		EARLY RELEASE (W)		EVENT (2:35-3:25)	
1st Lunch	Time	1st Lunch	Time	1st Lunch	Time
1st	8:30 - 9:25	Spartan	8:30 - 8:50	1st	8:30 - 9:20
2nd	9:28 - 10:20	1st	8:53 - 9:25	2nd	9:23 - 10:07
3rd	10:23 - 11:15	2nd	9:28 - 10:00	3rd	10:10 - 10:54
Lunch	11:15 - 11:45	3rd	10:03 - 10:35	Lunch	10:54 - 11:24
4th	11:48 - 12:40	Lunch	10:35 - 11:05	4th	11:27 - 12:11
5th	12:43 - 1:35	4th	11:08 - 11:40	5th	12:14 - 12:58
6th	1:38 - 2:30	5th	11:43 - 12:15	6th	1:01 - 1:45
7th	2:33 - 3:25	6th	12:18 - 12:50	7th	1:48 - 2:32
		7th	12:53 - 1:25		
2nd Lunch	Time	2nd Lunch	Time	2nd Lunch	Time
1st	8:30 - 9:25	Spartan	8:30 - 8:50	1st	8:30 - 9:20
2nd	9:28 - 10:20	1st	8:53 - 9:25	2nd	9:23 - 10:07
3rd	10:23 - 11:15	2nd	9:28 - 10:00	3rd	10:10 - 10:54
4th	11:18 - 12:10	3rd	10:03 - 10:35	4th	10:57 - 11:41
Lunch	12:10 - 12:40	4th	10:38 - 11:10	Lunch	11:41 - 12:11
5th	12:43 - 1:35	Lunch	11:10 - 11:40	5th	12:14 - 12:58
6th	1:38 - 2:30	5th	11:43 - 12:15	6th	1:01 - 1:45
7th	2:33 - 3:25	6th	12:18 - 12:50	7th	1:48 - 2:32
		7th	12:53 - 1:25		
3rd Lunch	Time	3rd Lunch	Time	3rd Lunch	Time
1st	8:30 - 9:25	Spartan	8:30 - 8:50	1st	8:30 - 9:20
2nd	9:28 - 10:20	1st	8:53 - 9:25	2nd	9:23 - 10:07
3rd	10:23 - 11:15	2nd	9:28 - 10:00	3rd	10:10 - 10:54
4th	11:18 - 12:10	3rd	10:03 - 10:35	4th	10:57 - 11:41
5th	12:13 - 1:05	4th	10:38 - 11:10	5th	11:44 - 12:28
Lunch	1:05 - 1:35	5th	11:13 - 11:45	Lunch	12:28 - 12:58
6th	1:38 - 2:30	Lunch	11:45 - 12:15	6th	1:01 - 1:45
7th	2:33 - 3:25	6th	12:18 - 12:50	7th	1:48 - 2:32
		7th	12:53 - 1:25		